



# ONCOLOGY MASSAGE CERTIFICATION

*With the high incidence of cancer in this country, there is a growing need for highly trained massage therapists who can support people through cancer treatment and recovery.*

*Not long ago, most massage therapists thought it was contraindicated to work with cancer patients. We now know that is unfounded. In fact, massage can be very beneficial in many cases, and more and more oncologists are recommending massage therapy as an adjunctive intervention. But cancer is a complex disease, and massage therapists who wish to work safely and effectively with people living with cancer need specific training. In response to that need, we have designed a 300-hour Oncology Massage Certification program led by pioneers in the field, Sandy Canzone, Doctor of Oriental Medicine, and Gayle MacDonald, author of Medicine Hands: Massage Therapy for People with Cancer.*



### **THIS CERTIFICATION PROGRAM**

is a comprehensive curriculum that includes Western and Eastern bodywork approaches. Coursework is presented that emphasizes safety protocols, the use of bodywork to ease the side effects of treatment, the relationship between cancer treatment and lymphedema, and the psychological experience of both patients and therapists. A number of hours are devoted to supervised work with a variety of cancer clients in a wide range of situations, including the hospital setting. In all of the courses we will be especially attentive to issues of ethics and sensitivity in working with cancer patients. Following completion of all classes, practitioners will be eligible to take the final examination, which will include a written and practical component.

For convenience, the program is designed in separate modules, to be taken over a period of two or more years. Most of the modules will be offered in Santa Fe, New Mexico. For one of them, students will have a choice of Oregon, Arizona, or Ohio.

## 300-HOUR CURRICULUM

Laying the Groundwork for Certification <i>Dr. Sandy Canzone and Gayle MacDonald</i>	8 hours
Massage for People Living with Cancer <i>Gayle MacDonald</i>	22 hours
Oncology Massage Intensive: An Eastern Medical Perspective <i>Dr. Sandy Canzone</i>	50 hours
Manual Lymph Drainage <i>René Janiece</i>	45 hours
Massage in the Oncology Setting ( <i>Offered in Portland, OR; Mesa, AZ; or Toledo, OH</i> ) <i>Gayle MacDonald</i>	35 hours
Working at Home and in One's Community: Ongoing Individualized Component <i>Supervised by Dr. Sandy Canzone, Gayle MacDonald and Staff</i>	60 hours
All of the above are prerequisites for the following:	
Advanced Supervision <i>Supervised by Dr. Sandy Canzone, Gayle MacDonald and Staff</i>	56 hours
Exams and Closure <i>Dr. Sandy Canzone and Gayle MacDonald</i>	24 hours

**Please note:** All these classes are required in their entirety for certification. The only class that may be challenged is Manual Lymph Drainage Certification. Contact us if you have studied MLD elsewhere and believe you have equivalent or more training in this subject.

Tuition for the entire training is approximately \$6000. Individual courses must be paid for in advance, and all tuition must be paid in full to receive final certification.



### LAYING THE GROUNDWORK FOR CERTIFICATION

8 Hours with **Sandy Canzone**, DOM and **Gayle MacDonald**, MS, LMT

The aim of this class is to give participants an overview of the Certification Program requirements, specifically the Ongoing Individualized Component which needs to be completed in one's own community. Participants will have a chance to more deeply explore their desire to work with cancer patients as well as to connect with others who will be participating in the program.

**Date and Time:** To be announced

**Location:** To be announced / Santa Fe

**Tuition:** \$175

### MASSAGE FOR PEOPLE LIVING WITH CANCER

22 Hours with **Gayle MacDonald**, MS, LMT

Comfort-oriented massage or touch can be administered to people with cancer regardless of the severity of their condition. The purpose of this class is to lay the groundwork for safely performing bodywork with those who have a history of cancer. The following material will be covered: metastasis, the benefits of massage for those affected by cancer, adaptations necessary for people undergoing surgery, radiation, or chemotherapy, or who have received these treatments in the past, and intake procedures. The culminating activity of the weekend is the giving of a relaxation massage to a client with a history of cancer treatment.

**Dates and Times:** To be announced

**Location:** To be announced / Santa Fe

This class is also taught at various places around the country. For a complete listing, go to [www.MedicineHands.com](http://www.MedicineHands.com)

**Tuition:** \$400

## ONCOLOGY MASSAGE INTENSIVE: AN EASTERN MEDICINE PERSPECTIVE

50 Hours with **Sandy Canzone**, DOM

In this module we will begin to take an in-depth look at the internal organ systems from an Eastern and Western point of view. This comprehensive understanding will enable you to practice in a totally different realm while massaging the oncology patient. You will learn protocols utilizing point therapy, foot reflexology and heated stone therapy techniques. Using these very specific protocols, you will learn to assist patients who are suffering from side effects of chemotherapy and radiation and help support their internal organ and immune systems. We will be massaging with special East Indian oils to nourish these internal systems. There will be a basic oncology physiology section as well as emotional support skills. You will work directly with oncology patients and learn to understand how to best assist them during their struggle with cancer and hopefully their return back to health.

*Please note:* This module spans two 4-day weekends and must be taken as a whole.

**Dates and Times:** To be announced

**Location:** To be announced / Santa Fe

**Tuition:** \$1080



*“We cannot heal others. We can only heal ourselves.  
Then our presence becomes healing.”*

— Irene Smith, Director of *Everflowing*

## MANUAL LYMPH DRAINAGE

45 Hours with **René Janiece**, LMT, NCTMB, CLT

Cancer treatments put many people at risk for lymphedema, requiring bodyworkers to be well grounded in this subject. This 5-day basic course in Manual Lymph Drainage (MLD) is based on the techniques developed by Dr. Emil Vodder, Ph.D. When skillfully applied, this therapeutic form of soft tissue mobilization dramatically enhances lymph formation and promotes drainage within the superficial and deep systems of the lymph vascular network. During this course students will be instructed in the anatomy and physiology of the lymphatic system as well as the formation of disease states and conditions responsible for edema. Students will achieve the following objectives:

- Comprehension of relevant scientific terminology related to the lymphatic system
- Comprehension and differentiation between the normal and diseased states of the lymphatic system
- Comprehension of the indications and contraindications related to the use of MLD
- Competently perform the basic techniques of MLD for all body areas
- Develop appropriate treatment strategies for indications such as: post-surgical edema, post-traumatic edema, general detoxification, relaxation and other conditions.

*Please note:* Although this course will address some lymphedema issues that may arise with a cancer patient, it will not prepare the participant for the treatment of lymphedema. Students who are so motivated must take an additional certification training for “Complete Decongestive Therapy (CDT)” through Klose Training and Consulting.

**Dates and Times:** To be announced

**Location:** To be announced / Santa Fe

**Tuition:** \$900

## MASSAGE IN THE ONCOLOGY SETTING

35 Hours with **Gayle MacDonald**, MS, LMT

Practitioners will have a chance in this course to apply their massage skills in the acute care and outpatient settings. The experience will include hands-on practice with patients receiving chemotherapy, radiation, pre- and post-surgery, and during bone marrow transplantation. Therapists who enroll in the Portland class will train at Oregon Health and Science University; those who enroll in Mesa, AZ will train at Banner Desert Samaritan Medical Center; those who enroll in Toledo, OH will train at St. Vincent Mercy Hospital.

**Dates and Times:** To be announced

Go to [www.MedicineHands.com](http://www.MedicineHands.com) for more information.

**Location:** Portland, OR; Mesa, AZ; or Toledo, OH

**Tuition:** \$750

## WORKING AT HOME AND IN ONE'S COMMUNITY: ONGOING INDIVIDUALIZED COMPONENT

60 Hours supervised by **Sandy Canzone**, DOM and **Gayle MacDonald**, MS, LMT

This module will incorporate reading and research assignments, 30 sessions with patients, case histories, community presentations and reflective journaling. Students will refine their competencies, and examine their strengths and growing edges through self and instructor evaluations.

**Tuition:** \$1160 (May be paid in two installments.)

## ADVANCED SUPERVISION

56 Hours with **Sandy Canzone**, DOM and **Gayle MacDonald**, MS, LMT

After completing the other modules, participants will have the opportunity to return to Santa Fe and both review and solidify what has been covered to this point as well as be introduced to new information. New topics to be covered are research literacy, scars and adhesions, Ayurvedic oils, professional development, and communication skills.

**Dates and Times:** To be announced

**Location:** To be announced / Santa Fe

**Tuition:** \$1140

## EXAMS AND CLOSURE

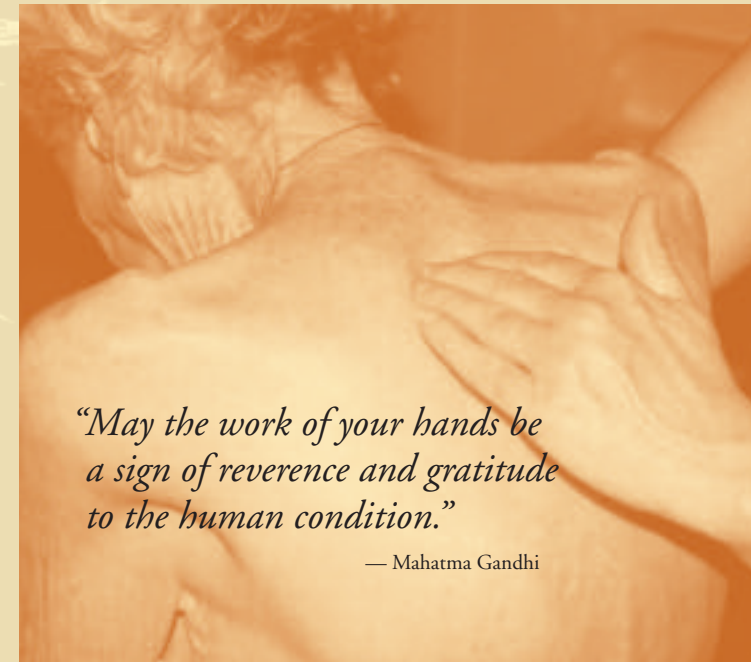
24 Hours with **Sandy Canzone**, DOM and **Gayle MacDonald**, MS, LMT

This final module will include written and practical hands-on exams. During these days, students will also have an opportunity to present their research papers, and share their experiences and future goals.

**Dates and Times:** To be announced

**Location:** To be announced / Santa Fe

**Tuition:** \$680



*“May the work of your hands be  
a sign of reverence and gratitude  
to the human condition.”*

— Mahatma Gandhi

## PRIMARY STAFF



**Dr. Sandy Canzone** brings over 28 years of study and practice to her teaching. She is a Doctor of Oriental Medicine and Ayurvedic Medicine. She also practices Homeopathy, with extensive training in the Eastern understanding of nutrition. From 1999 to 2006 Sandy taught oncology massage at the Scherer Institute. Dr. Canzone designed St. Vincent Hospital's Full Spectrum Wellness Awakening to Life Series for oncology patients, friends, family and health-care providers in Santa Fe. She and her husband David have a private practice in Santa Fe, working extensively with cancer patients and their physicians.



**Gayle MacDonald**, MS, LMT is a health educator, writer, and bodyworker with more than 30 years of teaching experience in both public and private schools. Since 1994 she has supervised massage students on the oncology unit at Oregon Health and Science University. Gayle is the author of *MEDICINE HANDS: Massage Therapy for People with Cancer* (2nd Edition, Findhorn Press, 2006) and *Massage for the Hospital Patient and the Medically Frail Client* (Lippincott, Williams and Wilkins, 2004). Gayle also writes articles for *Massage Magazine*, *Massage and Bodywork*, and *Massage Therapy Journal*. She lives in Portland, Oregon and teaches nationally and internationally.



**René Janiece**, LMT, NCTMB, CLT, brings 20 years of experience in the field of massage and bodywork to her classroom instruction. A graduate of the Scherer Institute in Santa Fe, she has an extensive background in comfort-oriented and therapeutic modalities. In her private and clinical practices she has focused her work on specific-injury massage and palliative care, and has specialized in oncology massage since 2002. René completed her initial MLD training with Klose Training & Consulting in 2003 and has since served as an assistant instructor for their MLD and Lymphedema Therapy Courses. She has recently become an MLD Instructor on the Klose Training faculty.

Other staff and guest lecturers will be announced.

## REGISTRATION FOR INDIVIDUAL CLASSES

With the exception of Advanced Supervision and Exams and Closure, classes may be taken in any order. To register for one of these classes, contact Lonnie Howard at 505-995-9799 or [lonnieh@cybermesa.com](mailto:lonnieh@cybermesa.com).

We recommend that you take at least one of the classes before applying for the Certification Program.

## APPLICATION PROCESS FOR CERTIFICATION

We seek a high degree of professionalism in applicants as well as a willingness to be a student again. In order to be considered for candidacy in the Oncology Massage Certification Program, applicants must have 500 hours\* of massage therapy training, be licensed in their state (if applicable), provide proof of professional liability insurance, and have internet access and an email address.

Please write 2 – 5 pages in answer to the following questions:

1. Personal Information: name, address, phone number, email address, number of hours of Massage Therapy education and place of training and Massage License Number and State (if applicable).
2. How long have you been in practice and do you have a particular focus or orientation in your work?
3. Write about any past work, volunteer history or experience you may have with people who had/have cancer. Include any personal or family experiences as well.
4. Write about the strengths and challenges you would bring to this work.
5. Please let us know any other information you would like us to consider.

Please include two letters of recommendation from professionals in your field and a \$50 non-refundable application fee. After we receive your completed application, we will call you to set up a phone interview with Sandy or Gayle.

Send completed applications to:

**Peregrine Institute of Oncology Massage Training**  
c/o Lonnie Howard  
918-D Acequia Madre  
Santa Fe, NM 87505

\*Contact us if your initial bodywork training was less than 500 hours, but you feel you have equivalent additional training and experience.

## ABOUT THE PEREGRINE INSTITUTE OF ONCOLOGY MASSAGE TRAINING

The Peregrine Institute of Oncology Massage Training (PIOMT) is the new name and structure for the 300-hour Oncology Massage Certification program that has been operating since 2004. The program was originally under the auspices of the Scherer Institute of Natural Healing. The Peregrine Institute was named for St. Peregrine, the patron saint of cancer patients. One may also think of the Peregrine Falcon, a previously endangered species that is making a strong comeback.

We believe it is an honor and a privilege to touch another human being. This is central to all our work. In no other program we know of will the student gain such a strong academic and experiential foundation to go forward and work with cancer patients. Much of the 300-hour program is actual hands-on experience with people living with cancer. Students will see a broad range of patients – some in remission and some who are in treatment and very ill. The instructors and administrators of this program are committed to a learning environment that is supportive of the students' personal and professional growth and also responsive and respectful of the clients whom we have the privilege of touching.

If you are interested in making a difference in the lives of people living with cancer, we invite you to join us in the beautiful high desert of Santa Fe for this cutting edge certification program!

### **Continuing Education Credit**

Many of these classes meet continuing education requirements for the National Certification Board for Therapeutic Massage and Bodywork, and the others are in process of approval.

### **Mailing Address**

PIOMT c/o Lonnie Howard  
918-D Acequia Madre  
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